

# **NORTHERN VIRGINIA HOSPITAL LHRC MINUTES**

**10/22/2025**

**6:30pm**

**Virtual Meeting**

**TEAMS Webinar Meeting Link:**

<https://events.gcc.teams.microsoft.com/event/8248a2f3-57dc-4ef5-8b2c-2b86d6188ae8@620ae5a9-4ec1-4fa0-8641-5d9f386c7309>

**LHRC Contact: Rachel Saunders, Human Rights Advocate: 804-630-4773**

## **MEMBERS' PRESENT VIRTUALLY**

Brandon Cassady – LHRC Chairperson

Sara Zeinert – Chair

Susan Evers – Member

## **OTHERS PRESENT VIRTUALLY**

Diana Atcha, Regional Human Rights Advocate, Region 2

Nadya Said – Human Rights Advocate, DBHDS Region #2

Rachel Saunders – Human Rights Advocate, DBHDS Region #2

Katelyn Clark – Youth for Tomorrow

Tomica Timmons – The Arc of Greater Prince William/Insight

Emilia Formoso – APTS

Derontae Mason – Albryte Support Services Group

Curtland Tabong – Reliance Health Care Services, LLC

Toi Kai Williams – CRi

Eliza Buelt – CRi

Emily Morrison – CRi

Riley Curran – Human Rights Advocate, Facility Operations

### **ABSENT**

Susan Haenisch – Member – (Absent due to medical reasons)

Juanita James – Member

Steven Gray – Member

Jocelyn Cohen- Member- (Absent due to personal matter)

### **CALL TO ORDER**

Brandon Cassady called the meeting to order at 6:35pm.

### **ROLL CALL/ATTENDANCE**

All those in attendance made an introduction.

### **APPROVAL OF AGENDA**

Susan Evers motioned for the agenda to be approved.

Sarah Zeinert seconded the motion.

### **APPROVAL OF MINUTES**

Susan Evers motioned for the minutes to be approved.

Sara Zeinert seconded the motion.

### **PUBLIC COMMENTS**

Renee Valdez, SHRC Member and former Region 2 LHRC member joined a portion of the meeting to introduce herself and provide support to the current LHRC members.

### **CHAIR ANNOUNCEMENTS**

There were no chair announcements.

### **ADVOCATE REPORT AND TRAINING**

Northern Virginia Hospital LHRC Advocate Report 10/22/2025

## Region 2 ANE and Complaint Data

ANE Complaints CSB/Providers	
<b>Q4 (FY2025)</b> <b>April 1 – June 30, 2025</b>	<b>Q1 (FY2026)</b> <b>July 1 – September 30, 2025</b>
255	302 (Increase of 47 reports this quarter)
Substantiated = 57/255 = 22 %	Substantiated = 99/302 = 33 % (11% increase in substantiated ANE reports)
Non-ANE Complaints CSB/Providers	
<b>Q4 (FY2025)</b> <b>April 1 – June 30, 2025</b>	<b>Q1 (FY2026)</b> <b>July 1 – September 30, 2025</b>
48	39
Substantiated = 5/48 = 10 %	Substantiated = 2/39 = 5% (5% decrease in substantiated non-ANE reports)

### Variances

Region 2 currently has one active variance for Youth For Tomorrow in regard to communication via telephone and visitation.

### Updates

- OHR was featured on a recent “Conversations with the Commissioner” episode. The team members who represented who we are and what we do were Andrea Milhouse (R4 Manager), Alonzo Riggins (Training and Development Coordinator), Artea Ambrose (Senior Human Rights Advocate), Jennifer Kovack (Associate Director, Community Operations), and Riley Curran (WSH/CCCA Human Rights Advocate)
- We are always recruiting LHRC members to join the LHRCs in Region 2. We are currently recruiting for members with Consumer, Professional, or Healthcare Provider Interests. Please contact the Regional Human Rights Manager Diana Atcha via email at [Diana.Atcha@dbhds.virginia.gov](mailto:Diana.Atcha@dbhds.virginia.gov) or 804-426-3279 if you or someone you know interested in becoming a member of one of these committees.
- **Check out our recruitment efforts for LHRCs and SHRCs here:**
  - To apply for the **LHRC**, please complete the application here: [LHRC Appointment Application 4.9.24](#)
  - To apply for the **SHRC**, please complete the application here: [SHRC Appointment Application 4.9.24](#)

**Upcoming Events** 2025 training opportunities are still available for Community-Based Providers on the OHR training schedule. Check out the 2025 training opportunities, and register today. The 2026 training calendar is under development and will be posted in the near future. *Please ensure all investigators assigned to complaints involving allegations of abuse, neglect, or exploitation (ANE) have received training in investigations, as evidence of this training is required and must be documented by OHR in each ANE report.*

[2025-New-Provider-Orientation-Calendar.pdf](#)

[PDF-2025-Community-Provider-Training-Calendar.Final\\_.pdf](#)

### **Upcoming 2025 SHRC Meetings**

The next SHRC Meeting will be held on October 23<sup>rd</sup>, 2025, in Region 1.

The full SHRC meeting schedule can be found here: [2025-SHRC-Meeting-Schedule-Web.docx](#)

Stay tuned for the 2026 LHRC and SHRC meeting schedules which will be posted on the DBHDS website found here: [Human Rights - Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

### **CLOSED SESSION**

Upon a motion made by Brandon Cassady and seconded by Susan Evers, the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of treatment plans.

Individual #1: The Arc of Greater Prince William; Return to NVH LHRC in January 2026.

Individual #2: Albryte Support Services Group; Return to NVH LHRC in January 2026.

Individual #3: Reliance Health Services, LLC; is not scheduled to return.

Individual #4: Volunteers of America; Not Reviewed due to Provider not participating; scheduled to return for review on 11/19/2025.

Individual #5: CRi; is not scheduled to return.

Individual #6: CRi; Return to NVH LHRC in January 2026.

Individual #7: CRi; Return to NVH LHRC in January 2026.

Individual #8: Western State Hospital; Return to respective Facility LHRC in January 2026.

### **RETURN TO OPEN SESSION**

Brandon Cassady motioned to certify that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session. The motion was seconded by Susan Evers. The motion was certified by Sara Zeinert.

The meeting was adjourned at 8:40pm by Brandon Cassady.

### **Next Meeting**

The next meeting will be held on November 19<sup>th</sup>, 2025, at 6:30pm at NVMHI, 3302 Gallows Road, Falls Church, VA 22042.